

Typical Skills Children Learn in Family Day Care

Parents: Here are some examples of the skills your child will learn and practice during a typical day in a family day care setting.

Activity	Specific Skills Learned
Finding toys or learning materials to work with by self or with others.	<p>Cognitive: Makes decisions about interests and abilities.</p> <p>Self-Help: Find toys by himself or sets up environment for play.</p> <p>Social/Language: Learns to share, barter, manage conflict, and ask for help.</p> <p>Emotional: Learns about acceptance and rejection. Expresses needs.</p>
Block Play	<p>Physical: Learns to balance blocks and line them up (small motor coordination).</p> <p>Cognitive: May count blocks, sees patterns and design. Learns to build and plan structure. matches blocks that look alike.</p> <p>Social: Learns to share and cooperate.</p>
Dramatic Play	<p>Social: Plays adult roles. Develops self-image and coordinates with others.</p> <p>Language: Learns to express self in another role.</p> <p>Cognitive: Decides to appropriate dress and appearance for role; uses visual perceptions to assess self, others, and play environment. learns and remembers behavior to imitate. develops abstract thinking abilities.</p> <p>Self Help: Dresses self. Sets up play environment and finds props.</p>
Setting the Table	<p>Cognitive: Counts silverware, glasses, and napkins, or places one object by each setting. Follows pattern of place settings.</p> <p>Social: Cooperates with other children. May teach younger children to help.</p> <p>Physical: Picks up and places objects (small motor coordination).</p>
Cooking	<p>Physical: Pours, passes the dishes, stirs (small motor coordination).</p> <p>Cognitive: Measures to pour. Understands directions.</p> <p>Social/Language: Learns appropriate table conversation and manners.</p>

Story Time or Listening to Music	Cognitive: Listens and retains information. Follows story line (sequencing) with eyes and/or ears. Recognizes words, pictures, instruments, and rhythms.
Finger Plays and Songs	Cognitive/Language: Learns words, gestures, and melody (sequencing, repetition, speech and listening skills). Follows directions. Physical: Coordination (small and large motor) for gestures and fingerplays.
Dance	Cognitive/Language: Listens to music and rhythms. Learns to understand simple movement directions and their relationships to the music. Physical: Coordinates movements (large motor).
Climbing/Riding	Cognitive/Language: May count the rungs to the top of the climbing structure; plans his climb. Maps out directions and distance to ride; watches for others in path. Physical: Large motor coordination, balance. Social: Takes turns, interacts.
Putting Away Toys	Cognitive: Sorts toys, follows directions. Physical: Places object on the shelf, replaces lids, opens and shuts doors. Social: Take turns, learns to handle toys carefully.